

COTE FIRST NATION



THE KEY FIRST NATION



FSIN

"Protecting the Treaty Rights since 1946"

'MIYO PIMATISIWIN' AGENDA

Day 1 September 26/2026

Until 3pm:

- Travel In
- Blessing of the grounds
- Camp Set Up
- Teepee Raising/Home Fire
- Meeting/Nutrition Tent Set Up/Tables and Chairs
- Porta Potty, Water Tank, Supply Area, Medical Center
- Camp Director to Plan Camp Layout, Helpers Utilized all
- Set Up Greeting/Direction Table at Entrance
- Hunters/Cooks will bring in meat

3:00 pm

- Camp introductions Prayer and Ceremony
- Prayer
- Honor/Flag/Victory Song (WapiKake)
- Mc will begin short program brief introduction (Cory)
- Introduction of Camp including House Keeping strategy (Cory)
- Guest Speakers (Chiefs)
- Questions and Meet and Greet
- Hoodie Handout (1per guest)

Supper 5:00 to 6:00

- Younger participants are encouraged to serve our Elders

6:00 pm Elder Introductions

- Set the chairs in a circle and have a group introduction and some of the roles and responsibilities, expectations, protocols, and key helpers of the camp
- Elders Panel (All Elders and Helpers)

Day 2: September 27, 2026

Breakfast: 8:00 am (hot and fresh then will get colder the longer you sleep) until 9:00 am

Shuttle to showers will begin at 7:00am until 9:00am (Hudson Bay)

Sweat Lodge: 8:00am to Completion

- Gathering the sweat materials and begin the construction and teaching of the sweat lodge process (Larry Whitehawk and Frank Cote)
- Roles and expectations will be provided throughout the process
- Prayers
- Clean up

Beginning the day: 9:00am to 9:30am

- Mc Under the tent go over day's activities and expectations
- Protocols and conduct (Ross Cadotte/Vincent Cadotte) rest of Elders group as well.
- Sign up table for breakout groups

9:30am to 11:45am Morning break out sessions will include:

- Sweetgrass picking (Elders)
- Spencer O'Soup (Drum/Rattle making demo)
- Archery (dana)
- Hunting (Norman/Ringo)
- Rodney Brass (Grief and Loss)
- Tj Haywahay (Land based healing)
- Charles Keshane/Kris Gen (Youth)
- Darren Kootenay (Teepee Teachings)
- Horse riding (Vernie)
- Drum Teachings and singing (Rick Crane)

Time will vary for each teaching, and participants will eventually get to try most of the offered lessons. 2 sessions in the am and 2 in the pm approx. 55 minutes per session

11:45 to 12:00: preparation for lunch, clean up, kinship,

Lunch: 12:00pm to 1:00pm

- Younger participants are encouraged to serve our Elders

1:00 pm: Reflection and short discussion of the morning, comments, concerns, praise.

1:30: Afternoon sessions begin break out sessions will include Time will vary for each teaching and participants will eventually get to try most of the offered lessons.

2 sessions in the am and 2 in the pm

- Sweetgrass picking (Elders)
- Spencer O'Soup (Drum/Rattle making demo)
- Archery (dana)
- Hunting (Norman/Ringo)
- Rodney Brass (Grief and Loss)
- Tj Haywahay (Land based healing)
- Charles Keshane/Kris Gen (Youth)
- Darren Kootenay (Teepee Teachings)
- Horse riding (Vernie)
- Drum Teachings and singing (Rick Crane)
- Afternoon Sweat lodge begins.

4:00 to 5:00 Keynote

- John Langan Presentation (Army Veteran and Police Officer)

Supper 5:00 to 6:00

- Younger participants are encouraged to serve the Elders

6:00 pm Daily Reflection

- Elders Presentation (Ross Cadotte) and Elders Panel
- Circle and daily reflection
- Questions, comments or concerns

7:00 pm to 9:00pm Entertainment

- Emmery Burninggrass

9:00pm Camp Quiet time and visiting time until bed

- Hotdogs provided for campers for wiener roasts

Day 3: September 28/2026

Breakfast: 7:00 am (hot and fresh then will get colder the longer you sleep) until 9:00 am

Shuttle to showers will begin at 6:00am until 8:00am (Hudson Bay)

Sweat Lodge: 7:30am to Completion

- Gathering the sweat materials and begin the construction and teaching of the sweat lodge process (Larry Whitehawk and Frank Cote)
- Roles and expectations will be provided throughout the process
- Prayers
- Clean up

Beginning the day: 9:00am to 9:30am

- Mc Under the tent go over day's activities and expectations
- Protocols and conduct (Ross Cadotte) rest of Elders group as well.
- Sign up table for breakout groups

9:30am to 11:45am Morning break out sessions will include:

- Sweetgrass picking (Elders)
- Spencer O'Soup (Drum/Rattle making demo)
- Archery (dana)
- Hunting (Norman/Ringo)
- Rodney Brass (Grief and Loss)
- Tj Haywahay (Land based healing)
- Charles Keshane/Kris Gen (Youth)
- Darren Kootenay (Teepee Teachings)
- Horse riding (Vernie)
- Drum Teachings and singing (Rick Crane)

Time will vary for each teaching, and participants will eventually get to try most of the offered lessons. 2 sessions in the am and 2 in the pm approx. 55 minutes per session

11:45 to 12:00: preparation for lunch, clean up, kinship,

Lunch: 12:00pm to 1:00pm

- Younger participants are encouraged to serve our Elders

1:00 pm: Reflection and short discussion of the morning, comments, concerns, praise.

1:30: Afternoon sessions begin break out sessions will include Time will vary for each teaching and participants will eventually get to try most of the offered lessons. 2 sessions in the am and 2 in the pm

- Sweetgrass picking (Elders)
- Spencer O'Soup (Drum/Rattle making demo)
- Archery (dana)
- Hunting (Norman/Ringo)
- Rodney Brass (Grief and Loss)
- Tj Haywahay (Land based healing)
- Charles Keshane/Kris Gen (Youth)
- Darren Kootenay (Teepee Teachings)
- Horse riding (Vernie)
- Drum Teachings and singing (Rick Crane)

4:00 to 5:00 Keynote

- Treaties Robert Whitehead

Supper 5:00 to 6:00

- Younger participants are encouraged to serve the Elders

6:00 pm Daily Reflection

- Ross Cadotte and Elders Panel
- Circle and discussion of the days events (circle)
- Small presentations from facilitators or Elders
- Questions, comments or concerns

7:00pm to 9:00pm: Evening Activity

- Archery Tournament (age groups)
- Saulteaux Bingo

9:00pm Camp Quiet time and visiting time until bed

- Hotdogs provided for campers for wiener roasts

Day 4: September 29/2026

Breakfast: 7:00 am (hot and fresh then will get colder the longer you sleep) until 9:00 am

Shuttle to showers will begin at 6:00am until 8:00am (Hudson Bay)

Sweat Lodge: 7:30am to Completion

- Gathering the sweat materials and begin the construction and teaching of the sweat lodge process (Larry Whitehawk and Frank Cote)
- Roles and expectations will be provided throughout the process
- Prayers
- Clean up

Beginning the day: 9:00am to 9:30am

- Mc Under the tent go over day's activities and expectations
- Protocols and conduct (Ross Cadotte) rest of Elders group as well.
- Sign up table for breakout groups

9:30am to 11:45am Morning break out sessions will include:

- Sweetgrass picking (Elders)
- Spencer O'Soup (Drum/Rattle making demo)
- Archery (dana)
- Hunting (Norman/Ringo)
- Rodney Brass (Grief and Loss)
- Tj Haywahay (Land based healing)
- Charles Keshane/Kris Gen (Youth)
- Darren Kootenay (Teepee Teachings)
- Horse riding (Vernie)
- Drum Teachings and singing (Rick Crane)

Time will vary for each teaching, and participants will eventually get to try most of the offered lessons. 2 sessions in the am and 2 in the pm approx. 55 minutes per session

11:45 to 12:00: preparation for lunch, clean up, kinship,

Lunch: 12:00pm to 1:00pm

- Younger participants are encouraged to serve our Elders

1:00 pm: Reflection and short discussion of the morning, comments, concerns, praise.

1:30: Afternoon sessions begin break out sessions will include Time will vary for each teaching and participants will eventually get to try most of the offered lessons. 2 sessions in the am and 2 in the pm

- Sweetgrass picking, Berries, and other local medicines
- Afternoon Sweat Preparation
- Traditional Food Preparation (The cooks and Elders)
- Teepee construction ()
- Archery and trapping (Danny and Dana)
- Saulteaux games and scavenger hunt begin (Ross)
- Moccasin Games (Amos)
- Buffalo Treaty/Artifact history/Smudge exercise (Cory)
- Men's Roles (male Elders)
- Drum Teachings and singing (key)

4:00 to 5:00 Keynote

- Amos McArthur (Games)

Supper 5:00 to 6:00

- Younger participants are encouraged to serve the Elders

6:00 pm Daily Reflection

- Ross Cadotte and Elders Panel
- Circle and discussion of the days events (circle)
- Small presentations from facilitators or Elders
- Questions, comments or concerns

7:00pm to 9:00pm: Evening Activity

- Round Dance to finish the camp

9:00pm Camp Quiet time and visiting time until bed

- Hotdogs provided for campers for wiener roasts

Day 5: September 30/2026

Breakfast 7:00 am to 9:00am

- Camp takedown for visitors
- Closing remarks
- Closing Prayer
- Travel Song

Rest of helpers and camp personnel will stay and clean area and tidy camp.

Lunch Provided

Closing Activities and Swag Hand Outs

Relay Race

Language Reflection

Saulteaux Bingo

Closing Ceremony

Kiga wapamin meenawa (I will see you again)